



WIN!

You could win Enjoying Cross Country with Mary King DVD

This is the latest DVD to join the "Enjoying" range from Equestrian Vision. In this training programme, world class, Olympic event rider, Mary King spends the day at Bicton Arena in Devon where she explains, demonstrates and passes on her successful techniques and useful tips. Mary's positive riding has been a feature of international cross country riding for many years and this DVD focuses on positive thinking.

The chapters in this training programme cover the following areas:

- Getting Ready - Horse and Rider, Warming Up,
- The First Fence,
- Ditch and Rail,
- On the Turn,
- Jumping Up and Down and Water.

A number of different fences and combinations are jumped and this DVD is relevant to anyone wishing to ride across country, whether it is at an event or out on the hunting field. Approx 67 mins.

TO ENTER: Send the answer to the question below plus your name, address, telephone and email details to Mary King Competition or email mkcomp@holdsworthpr.co.uk to submit your entry.

Q: Where was Enjoying Cross Country filmed?

5 lucky winners will receive a copy of the DVD
Enjoying Cross Country with Mary King

Final closing date 30th August 2010.
Terms and conditions apply.



visit our website

www.equestrianvision.co.uk